

Kissdental

With the recent blitz of reality television 'makeover' programmes and extensive media coverage in women's fashion magazines, consumer awareness of cosmetic dentistry has reached an all-time high.

In fact, since last year Kissdental has reported a three-fold increase in the number of patients requesting a 'Hollywood smile' makeover. Dr Kailesh Solanki, the founder and clinical director of Kissdental, says: "When I launched Kissdental in 2005, my vision was to create a centre of dental excellence in Manchester to offer all specialities of dentistry under one roof. "Prior to buying Kissdental, I visited several state of the art Hollywood dental studios that were treating celebrities and wanted the people of Manchester to have access to affordable Hollywood dentistry." Almost two years on, Dr Solanki has

achieved what he set out to create. Kissdental offers a menu of high-end cosmetic dental treatments, using only the latest state of the art techniques and equipment directly from the US.

Once a month he holds training courses, teaching dentists from all over the UK how to perfect their techniques in cosmetic and computerised dentistry. He also lectures internationally on modern cosmetic dentistry. Treatments offered at Kissdental include invisible braces to straighten crooked or misaligned teeth; laser teeth whitening for a dazzling bright smile; dental implants for missing teeth and porcelain crowns and veneers fabricated on site in the ceramic CEREC studio.

In addition to cosmetic dental procedures, Kissdental also cover all aspects of general dentistry and non-surgical facial rejuvenation with injected fillers. To book a free smile consultation with Kissdental, call the practice.

Myers Lister Price

Family breakdown is terrifying and devastating for those who face it.

A big part of this is because you feel unable to control your future and think that you have no choices as to how to deal with the issues that arise. This is not the case; you do have choices. At Myers Lister Price we want you to have clear and concise information, at an early stage, about your options. We are happy to sit down with you,

without charge or commitment, to talk through these options of counselling, family mediation, family collaboration or the traditional court route.

It is important that you take the time to select the right process and our priority is you; ensuring that you are supported in the right process, allowing a dignified and constructive separation. Court proceedings are not the only way...



State of the art equipment at Kissdental



The reception area at Kissdental

Slimming World

Slimming is increasingly a topic of conversation and now, as we begin to head for the wardrobe for our summer clothes, the resolve to lose weight becomes very strong.

Helen Whittaker and Andrea Hatzar are local team managers for Slimming World, and they are leading the way by changing the image of slimming clubs and helping the 27 million people in the UK who are overweight to lose that

excess baggage ready for their summer holidays.

"People are always interested to hear that we work for Slimming World, and they automatically hold their stomachs in! However, we know exactly how they feel, because we have been there, too. We help people lose weight for life, with supportive groups that motivate and inspire our members."

Slimming World is hoping to add more groups to the Manchester area to help more people lose weight, so Andrea

and Helen are on the look out for new consultants and managers to meet this demand. Slimming World recruits only from members, as they have experienced attending groups and losing weight using food optimising.

If you would like to know more about joining Slimming World, please contact Helen or Andrea.



Helen and Andrea

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Free admission to the Vicarage Gardens



The year has got off to a fine start and the weather is just glorious for popping into the garden and making a start on restocking the Herbaceous Border. While many of the plants can be divided why not visit Manchester's Specialist growers of Herbaceous Perennial plants and add some extra panache and flair to your beds.

At the Vicarage Gardens they have been hard at work propagating, sowing and raising up new varieties for the spring sales. Come and have a talk to Chris or Paul and receive all the advice you need to have a successful summer display.

There have been a lot of changes at the Botanical Gardens. One of the biggest has been the introduction of a mini zoo for the children. Cockatiels and Parrots, Buggies and Rabbits, Ferrets and Guinea pigs but pride of place must go to the dwarf Goats who are happy to show off to an appreciative audience.

The tea shop is open to offer a hot cup of cheer to those who become weary after walking around our 5 acres of ornamental gardens. The best way to learn is to come and see where the plants grow and thrive. A free garden tour starts from the coffee shop every Wednesday at 10.30, lasts about fifty minutes and is a fun way to see the gardens. Tours are offered for clubs and societies, for details call on or write to the address below. Do not miss this opportunity to visit a haven of heaven on earth!

Vicarage Botanical Gardens
Carrington, M31 4AG, Junctions 8 - M60
0161 775 2750

Open: Daily 9am-5.30pm / Sunday 10am - 4.30pm
CLOSED THURSDAY IN SEPTEMBER - APRIL

www.vicaragebotanicalgardens.co.uk